



Contact Lens Agreement

Contact lenses can be a great option for many individuals with active lifestyles. However, please be advised that contact lenses are classified as medical devices and each lens has a limited lifespan. In compliance with the guidelines established by the FDA, contact prescriptions are only valid for one year so that we can monitor the eye health of contact lens wearers. Protect your eyes by knowing the rules for contact lens use and the risks associated with contact lens abuse.

1. All contact lens users **MUST** have a pair of eyeglasses to use in situations when contact lenses cannot or should not be worn (red eyes, irritated eyes, torn contact lenses, contaminated contact lenses).
2. You should always wash your hands prior to inserting or removing your contact lenses.
3. Do not rinse or store your lenses with tap water, saliva, or other liquids. Sterile saline can be used to rinse your lenses, but they must be stored in a contact lens solution to kill bacteria and remove debris.
4. If possible, remove contact lenses before showering or swimming. Any contact lenses that have been exposed to non-sterile water (lake, river, ocean, etc.), hot tub, saliva, or any other contaminants should be thrown away at the end of the day and should **NOT** be slept in. If you plan to go on vacation and would like to try daily disposable lenses that can be thrown away after one use, please speak with your optometrist.
5. Daily disposable contact lenses are only intended to be used for one day and should not be reused or slept in. Reusing or sleeping in these lenses can put your eyes at greater risk for irritation.
6. It is important to limit over-wearing your contact lenses. Many lenses can be kept for either two-weeks or one month. It is important to follow this replacement schedule as prescribed. Older lenses tend to build up debris over time, which puts your eyes at greater risks for developing inflammation. While some contact lenses have approval for limited overnight wear, please discuss with your optometrist whether you are in a brand that is approved for this purpose. Sleeping in contact lenses significantly increases your risk for eye infection which can lead to permanent loss of vision.

If you ever experience any eye redness, pain, changes in vision (haze, loss of vision, increased light sensitivity), we recommend removing your contact lenses, wearing glasses, and scheduling an appointment with our office to ensure that you do not have an eye infection.

Contact Lens Exam Fees

Often vision plans do not cover the costs associated with a contact lens exam. If your vision plan does not cover the contact lens exam fee, below is our normal fee schedule which includes: determination of the contact lens power (which may be different than the glasses prescription), diagnostic fit/evaluation, initial trial pairs of contact lenses, and all follow up care for 60 days. After 60 days, any additional visits may be subject to a regular \$50 office visit fee.

\$40 for Spherical Lens Wearers	\$60 for Toric (Astigmatism) or Monovision
\$80 for Multifocal (Bifocal)	\$100 for Specialty Lens Fits (Rigid Gas Permeable / Scleral Lenses)

There will be an **additional \$40 fee for patients that require new wearer/new user training**. This includes one-on-one training on how to insert and remove contact lenses and in-depth instructions for how to safely take care of contact lenses.

I understand and agree to the above fees related to contact lens care with Mallard Eye Care. I also understand that I wear contact lenses at my own risk. I agree to use the standardized wear and care procedures mentioned above when using contact lenses to reduce the chances of complications.

Patient Signature: _____

Guardian Signature (If patient is under the age of 18): _____